



Curriculum Intent Plan



Subject: Physical Education

In year 7 students will be introduced to a wide variety of different sporting activities. They will develop transferable skill across the activities which will aid their practical performance. Through this subject we want our students to experience the benefits of physical activity as well as embedding positive social and mental wellbeing through participation in physical activity. We believe it is important to use sport as a tool to raise self-esteem and build resilience in each individual leading to students being inspired, engaged and enthusiastic about the subject.

As students move into year 8, the focus is put on refining skills from year 7 and developing them into sport specific contexts, but still within a controlled environment. This will allow students to master the skills needed for the sport, but also start to learn the rules within the game.

From year 9, the focus is to place the skills learnt into more full context situations. The concept behind this is that student would have mastered the fundamental skills needed for each sport, meaning they can now apply these into the sport and start to be creative in their decision making and skill execution.

Students will show mutual respect to teachers and will be ready to learn. Teacher will inspire learners through engaging Science lessons that are based around themes rather than disciplines. Students will build resilience through assessment and personalised plans will be produced to fill gaps in knowledge.

Traditional values

Using 21st century equipment in the PE lessons, students will be able to analyse practical performance through the use of applications. Students will be able to share thoughts and work together to reach a goal. They will be able to try new approaches to skills and drills.

21st Century Skills



Students can access extra sports activities through the extracurricular enrichment lessons. Reinforcement of class knowledge and extra help can be provided where necessary.

Enrichment for all

Equality for all

All students have the opportunity to access state of the sports equipment on/in high spec facilities. Students are taught to the highest level to ensure all can achieve their potential. All students will access a variety of physical activities within lessons regardless of gender or ability.