

# Cultural Capital – FOOD AND NUTRITION

## Key Stage 4: Year 10

### Autumn Term

#### In lesson:

*Students will be exposed to a wide variety of cultures, beliefs and religions, such as Kosher, Halal, Vegetarianism, and Veganism, while studying Food and Nutrition GCSE. This will improve their understanding of and showing respect for different faiths and cultural diversity.*

#### Outside of lesson:

*Learning enhancement will continue outside of the classroom through educational visits to Catering colleges, guest speakers such as local chefs, and career activities.*

### Spring Term

#### In lesson:

*Students will investigate how different cultures contribute to the food we eat, the relationship between culture and societies and the influence they have on diet and lifestyle. They will look at cuisines (global, regional, and traditional) from places such as Europe, Africa, and Asia.*

#### Outside of lesson:

*Learning enhancement will continue outside of the classroom through educational visits to trade fairs and food factories, guest speakers from local businesses, and career activities.*

### Summer Term

#### In lesson:

*Students will explore how food evolves according to needs, beliefs, ethics, and values, and the diversity of ingredients now available from around the world.*

#### Outside of lesson:

*Learning enhancement will continue outside of the classroom through educational visits to local farms and Multicultural food centers, and guest speakers who can highlight the variety of career paths available.*