

Cultural Capital – Physical Education

Key Stage 3

Within Lessons:

A broad curriculum where students are exposed to multiple sports - Netball, Football, Rugby, Basketball, Gymnastic, Handball, Tabletennis, Fitness, Athletics, Cricket, Rounders and Tennis.

Development of teamwork and sportsmanship through games based learning.

Development of communication and leadership.

Appropriate use of vocabulary to articulate and express themselves.

Resilience - aiming high, staying positive, learning from mistakes and having the perservere on skill based tasks to achieve.

Respect for other people, the environment and facilities and equipment.

Responsibly for self care, cleanliness and appearance.

Outside of Lessons:

Opportunities to attend sports clubs for Netball, Football, Rugby, Basketball, Fitness, Tabletennis, Badminton, Cricket, Athletics, Rounders and Tennis.

Coaching from external professionals.

Interform Competitions.

Opportunities to attend trips to sporting events, e.g. Womens FA cup final and Wimbledon.

Opportunities to go on sports tours and ski trips.

Opportunities to complete a Bikeability course.

Opportunities to complete a sports leaders qualification.