



Curriculum Outline of Content Year 7



Autumn Term

Introduction and Emotional Wellbeing

Lesson 1 - What is emotional wellbeing and how can I manage emotions?

Lesson 2 - What is Personal Development and why is it important?

Lesson 3 - What is transition and how am I feeling?

Lesson 4 - What are the School Values?

Lesson 5 - *What makes a community and where do I fit in?*

Lesson 6 - *How can helping others help myself?*

Additional -

- Student Voice
- Parent Forum
- External Agency

Spring Term

Relationships and Health

Lesson 1 - What is a relationship?

Lesson 2 - What makes a relationship healthy?

Lesson 3 - What is respect and how should I treat others?

Lesson 4 - How can I look after my body and health?

Lesson 5 - What is Body Image and what role do others play?

Lesson 6 - Presentations

Additional -

Summer Term

Living in the Wider World

Lesson 1 - How do I stay safe online?

Lesson 2 - *Should I trust the Media and how free should the press be?*

Lesson 3 - What are British Values?

Lesson 4 - Diversity and Discrimination

Lesson 5 - *What sort of country do you want to live in?*

Lesson 6 - **Assesment**

Additional -

End of Year Grade

- Term 1 -
- No assessment, review to ensure understanding
- Term 2- Presentation on Relationships and Health
- Term 3- Written Assesment on Living in the Wider World