



Curriculum
Outline of Content
Year 9



Assessment

Autumn Term

Emotional Wellbeing, Rights and Responsibilities

Lesson 1 - What is emotional wellbeing?

Lesson 2- How to manage emotions and deal with stressful situations

Lesson 3 - School Values - Recap

Lesson 4 - Self esteem, Personal Development and Peer Influences

Lesson 5 - *What are Human Rights and how does this effect me?*

Lesson 6 -*How can I be an active citizen and how will this help me?*

Spring Term

Relationships and Health

Lesson 1 - What is Consent and Intimacy

Lesson 2 - What are the facts on contraception, choices and the law?

Lesson 3 - What do I need to know about Sexual Health and pregnancy?

Lesson 4 - Stereotypes, Sexuality and Identity p2

Lesson 5 - What are the dangers of Exploitation, Pornography and FGM?

Lesson 6 - Presentations

Additional -
 - Visit from external agencies to provide elements of learning

Summer Term

Living in the Wider World

Lesson 1 - *Political Parties*

Lesson 2 - *How does the government work and does it effect me?*

Lesson 3 - How can I prepare for the future and increase my prospects?

Lesson 4 - *Money and budgeting*

Lesson 5 - First Aid

Lesson 6 - Assessment

Additional -
 - Trip to Parliament
 - External to provide basic first aid.

End of Year Grade

- Term 1 -
- No assessment, review to ensure understanding
- Term 2- Presentation on Relationships and Health
- Term 3- Written Assesment on Living in the Wider World